

HIMACHAL PRADESH · SHIMLA · HIMALAYA

Rupin Pass Trek

7 days · 6 nights · Moderate – Difficult · summit at 4,679 m

₹15,750

per person + 5% GST · EMI available at checkout · Free microspikes & gaiters

DURATION

7 days

GRADE

Moderate – Difficult

HIGHEST POINT

4,679 m 15,350 ft

TREK DISTANCE

40.5 km

Rupin Pass **at a glance**

Trek fee per person

₹15,750

+ 5% GST ₹788

₹16,538 all-in

EMI available at checkout

Book at
trekkaro.com/trek/rupin-pass-trek

Free microspikes & gaiters

Free microspikes and gaiters on this trek, no deposit and no charge. Bring your own trekking shoes, warm jacket and poles. Tents and sleeping bags are provided on camping nights.

WHY TREK WITH TREKKARO

- ✓ World's only Free Trekking Gear company, since 2018
- ✓ Groups capped at 20 · one leader or guide for every 8
- ✓ Certified trek leaders, oximeter checks, first-aid kit
- ✓ Hot, fresh meals cooked at camp
- ✓ 4.7 on Google · 4.9 on Facebook
- ✓ Free rescheduling up to 8 days before

Rupin Pass will not stay the same trek for more than a day. It begins in villages that hang off the mountainside, slips into forests beside a rushing river, and opens into a glacial bowl where a waterfall drops nearly 1,500 feet in tiers. Then it sends you up beside that same waterfall and into snow. On the last high day you climb a narrow gully, step onto the pass at 4,679 metres, and look out at the Kinner Kailash range above a valley you have never seen.

The Rupin Pass trek strings together an unusual run of sights in about 40.5 km. Jakha, the "Hanging Village", clings to a steep slope above the valley, surrounded by coniferous forest and apple orchards. Saruwas Thatch is a meadow camp beneath towering cliffs at the edge of the Rupin River. Dhanderas Thatch is a broad glacial valley where waterfalls pour down the walls and the Rupin...

TEMPERATURE IN THE SEASONS THIS TREK RUNS

Summer (May-Jun)

Day 13°C to 18°C, Night 0°C to 7°C

Autumn (15 Sep-Oct)

Day 3°C to 9°C, Night -3°C to -1°C

The itinerary

1 DAY 1

Arrival at Jiskun (2,099 m / 6,889 ft)

198 km drive from Shimla, 10 hrs

The Rupin Pass Trek begins with a long drive from Shimla to Jiskun, the village where the walking starts. It is about 198 km and roughly 10 hours on the road.

2 DAY 2

Jiskun (2,099 m / 6,889 ft) to Jakha (2,650 m / 8,694 ft)

4 km, 4 hrs

Day 2 is your first day on foot, and it is a good warm-up for what follows.

3 DAY 3

Jakha (2,650 m / 8,694 ft) to Saruwas Thatch (3,450 m / 11,319 ft)

7 km, 5-6 hrs

Day 3 is the first big climbing day, gaining about 800 m over 7 km.

4 DAY 4

Saruwas Thatch (3,450 m / 11,319 ft) to Dhanderas Thatch, Lower Waterfall (3,550 m / 11,647 ft)

4 km, 2-3 hrs

Day 4 is the easiest day of the trek: 4 km in 2-3 hours with only about 100 m of gain. It is short, but it is far from dull.

5 DAY 5

Dhanderas Thatch (3,550 m / 11,647 ft) to Upper Waterfall Camp (4,100 m / 13,451 ft)

3.5 km, 3-4 hrs

Day 5 is short but steep, and it is one of the most adventurous days of the trek.

6 DAY 6

Upper Waterfall Camp (4,100 m / 13,451 ft) to Ronti Gad (4,000 m / 13,123 ft) via Rupin Pass (4,679 m / 15,350 ft)

10 km, 9-10 hrs

Day 6 is the pass crossing, the most awaited and most strenuous day of the Rupin Pass Trek.

7 DAY 7

Ronti Gad (4,000 m / 13,123 ft) to Sangla (2,680 m / 8,790 ft)

12 km, 6-7 hrs; 215 km drive to Shimla, 9-10 hrs

The last day starts with a long descent of about 1,320 m over 12 km.

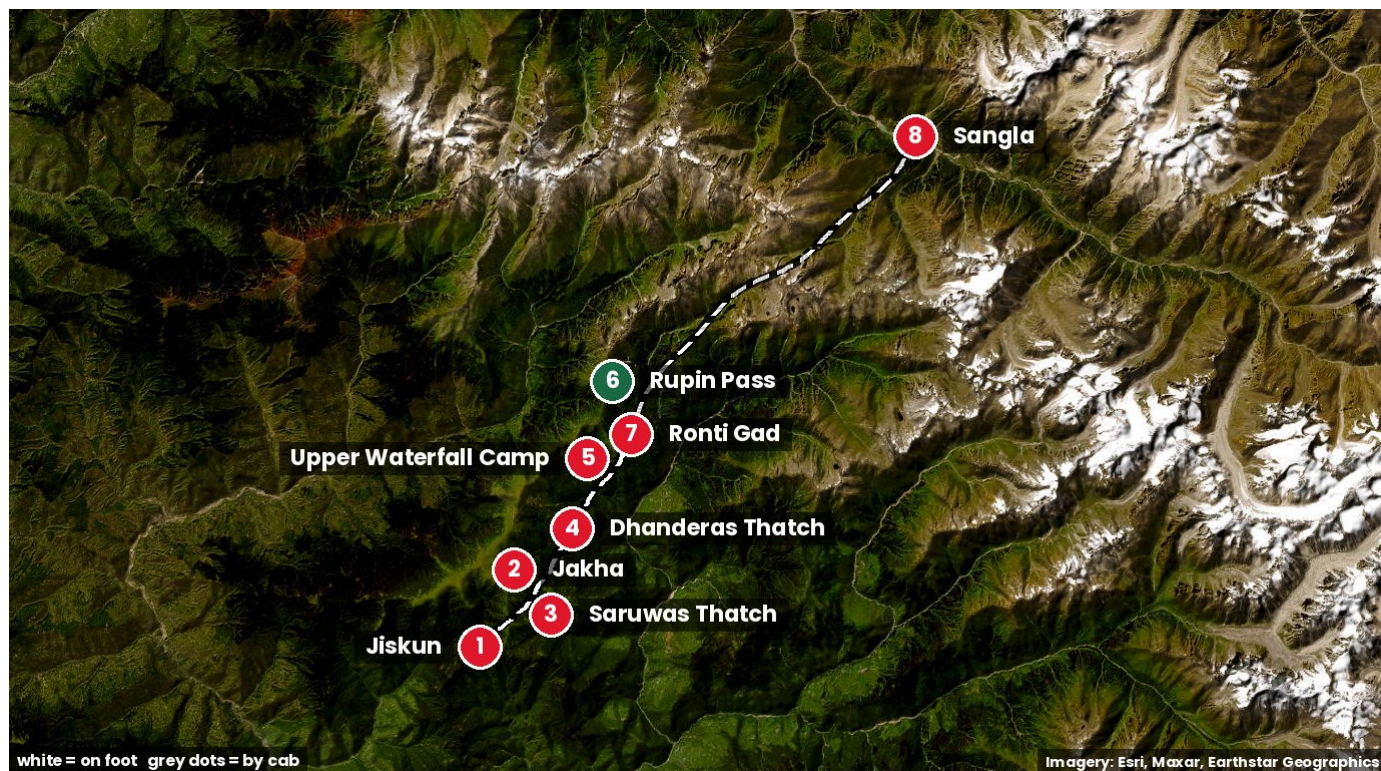
PICK YOUR DATES

Upcoming departures

MAY 2027 8 – 14 Sat to Fri · 7 days	MAY 2027 15 – 21 Sat to Fri · 7 days Buddha Purnima	MAY 2027 22 – 28 Sat to Fri · 7 days	MAY 2027 29 – 4 Jun Sat to Fri · 7 days
JUN 2027 5 – 11 Sat to Fri · 7 days	JUN 2027 12 – 18 Sat to Fri · 7 days	JUN 2027 19 – 25 Sat to Fri · 7 days	JUN 2027 26 – 2 Jul Sat to Fri · 7 days
SEP 2027 18 – 24 Sat to Fri · 7 days	SEP 2027 25 – 1 Oct Sat to Fri · 7 days		

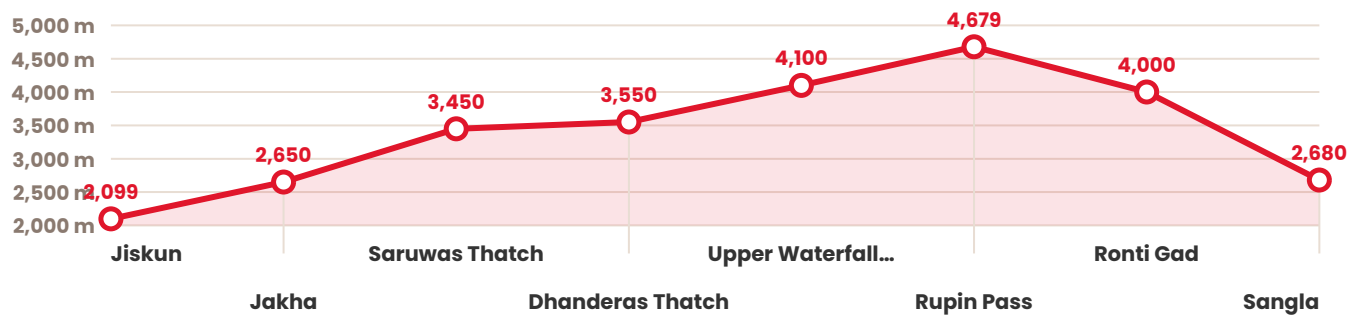
live seats and booking: trekkaro.com/trek/rupin-pass-trek · booking closes at 5 PM the day before departure · groups capped at 20 with one leader or guide for every 8 trekkers.

The route



Satellite view with the camps and the summit marked; the trek page has the same map with the trail walked day by day.

ALTITUDE PROFILE



ROUTE, STOP BY STOP

- | | |
|---|--|
| <p>1 Jiskun 2,099 m</p> <p>Day 1 · Base · Road head village</p> | <p>5 Upper Waterfall Camp 4,100 m</p> <p>Day 5 · Camp · High camp</p> |
| <p>2 Jakha 2,650 m</p> <p>Day 2 · Camp · Last village</p> | <p>6 Rupin Pass 4,679 m</p> <p>Day 6 · Pass · Summit day; the gully</p> |
| <p>3 Saruwas Thatch 3,450 m</p> <p>Day 3 · Camp · Meadow camp</p> | <p>7 Ronti Gad 4,000 m</p> <p>Day 6 · Camp · Camp after the pass</p> |
| <p>4 Dhanderas Thatch 3,550 m</p> <p>Day 4 · Camp · Lower waterfall camp</p> | <p>8 Sangla (trek end) 2,680 m</p> <p>Day 7 · Base · Road head in Kinnaur</p> |

FEE COVERS

What is included

✓ Accommodation	Day 1 and Day 2: homestays in Jiskun and Jakha, on a triple/quad sharing basis. Day 3 to Day 6: camping in 3-person tents at Saruwas Thatch, Dhanderas Thatch, Upper Waterfall Camp and Ronti Gad.
✓ Meals	All meals from Day 1 dinner to Day 6 dinner. Freshly prepared, simple vegetarian food. Tea, coffee, soups and snacks during the trek.
✓ Permits & Camping Fees	All necessary trekking permits and forest camping fees.
✓ Camping & Safety Equipment	Tents and sleeping bags. Large mess tents with tables. Free microspikes and gaiters (no deposit, no charge), plus the ice axes and ropes the team uses on snow. First-aid kit, medical support and oxygen cylinders at every camp. Stretchers at each campsite for emergency evacuation.
✓ Trek Team	Experienced trek leaders, supported by local certified mountain guides.

OPTIONAL ADD-ONS

Backpack Offloading	₹3,800 + 5% GST for the whole trek (max 9 kg)
Single Tent Occupancy	₹2,000 + 5% GST for the whole trek
Transfer (Shimla to Shimla)	₹3,500 + 5% GST for the whole trek

What is not included

✗ Transport	Transport (Shimla to Jiskun, and Sangla back to Shimla) is not included in the trek fee: we help the group book shared cabs at ₹3,500 per person for both ways, paid directly to the driver.
✗ Food During Transit	Meals on the drive from Shimla to Jiskun and from Sangla back to Shimla.
✗ Backpack Offloading (optional)	₹3,800 + 5% GST for the entire trek. Maximum weight: 9 kg; no suitcases, trolleys or duffel bags. Charges may be higher for last-minute requests made at Jiskun.
✗ Personal Equipment	Trekking shoes, jacket and trekking poles: bring your own (microspikes and gaiters are provided free).
✗ Trek Insurance	Travel insurance is mandatory and not included. It must cover high-altitude trekking and emergency evacuation.
✗ Anything Not Mentioned Under Inclusions	If an item is not listed under inclusions, it is not part of the package; ask in advance if you are unsure.

Things to carry

Basic Gears

Rupin Pass has river crossings, snow-covered trails and snow bridges in May–June and a steep climb to 4,679 m, so bring sturdy gear of your own.

- **Backpack** – 50–60 L with a rain cover and padded hip belt
- **Day pack** – 20–30 L; needed if you offload your main backpack (₹3,800 + 5% GST for the full trek, max 9 kg, no suitcases, trolleys or duffel bags)
- **Trekking shoes** – bring your own: broken-in, with ankle support and waterproof, for snow, slush and stream crossings
- **Trekking poles** – bring your own; a pair gives balance on snow, river crossings and steep descents
- **Microspikes and gaiters** – provided free (no deposit, no charge); the team also carries ice axes and ropes
- **Headlamp** – with spare batteries, for early starts and evenings at camp
- **Water bottles** – 2 bottles of 1 L each; make one insulated for the snow sections
- **Lunch box** – reusable, for packed lunches on the trail

Clothes

Nights are 0–7°C in May–June and can drop to –2°C in September–October, so pack 4 warm layers including a proper jacket.

- **Padded or down jacket** – bring your own, warm enough for sub-zero nights at the high camps
- **Thermal innerwear** – 1 set, top and bottom, essential for cold nights
- **Fleece or woollen layers** – 2, to wear under the jacket in the evenings and on pass day
- **Rain jacket or poncho** – essential for unexpected showers
- **Trek pants** – 2 pairs, quick-dry so they dry after stream crossings; no jeans
- **T-shirts** – 3 quick-dry collared T-shirts
- **Socks** – 3–4 pairs of cotton or sports socks for walking, plus 2 pairs of woollen socks for the night
- **Caps** – a sun cap (wide-brimmed or neck-covering) and a woollen cap
- **Balaclava or buff** – for cold wind on the pass
- **Gloves** – a fleece or woollen pair, plus waterproof gloves for snow

Accessories

Sun on the snowfields below the pass is fierce, especially in May–June, so protect your eyes and skin every day.

- **Sunglasses** – UV-protected, to prevent snow blindness

- **Sunscreen** – SPF 50+, reapplied through the day
- **Lip balm** – SPF 30, to prevent chapped lips
- **Quick-dry towel** – small and light
- **Toiletries** – toothbrush, toothpaste and biodegradable soap; no wet wipes, as they are not biodegradable
- **Plastic or ziploc bags** – to separate wet or dirty clothes and to carry back your waste
- **Personal medical kit** – your regular and prescribed medicines plus basic first aid; consult your doctor before the trek

Others

Jiskun has only a weak signal and there is no network beyond it, so sort out cash and calls before the trek starts.

- **Snacks** – energy bars, dry fruits and chocolate for the trail and the overnight drive back
- **ORS or electrolyte sachets** – a few, to stay hydrated at altitude
- **Power bank** – fully charged; BSNL and Vodafone work only sporadically at Jiskun
- **Neck pillow** – for the overnight drive from Sangla to Shimla
- **Cash** – withdraw enough at Rohru, the last dependable ATM on the way to Jiskun, for the transport (₹3,500 per person, paid to the driver), offloading if needed and small expenses

Mandatory Documents

- **Government photo ID** – original and a photocopy (passport, Aadhaar, driving licence or voter ID)
- **Medical certificate** – signed by a registered doctor
- **Travel insurance** – a copy of your policy; it is mandatory and must cover high-altitude trekking and emergency evacuation

How to reach

BY AIR

Nearest airport: Chandigarh Airport, about 115–120 km and 4–5 hours by road from Shimla, with daily flights from major cities. The drive to Jiskun takes about 10 hours, so reach Shimla the day before.

From Shimla to Jiskun: about 198 km, a 10-hour drive. Transport is not included in the trek fee: we help the group book shared cabs from Shimla to Jiskun and back from Sangla to Shimla at ₹3,500 per person for both ways, paid directly to the driver. The pickup is at Shimla Old Bus Stand at 06:30 AM on Day 1.

Return: on the last day you trek about 12 km (6–7 hours) from Ronti Gad down to Sangla, then drive about 215 km (9–10 hours) to Shimla. The drive is overnight, so carry light snacks, water and a neck pillow, and book onward travel from Shimla for later the next day.

BY TRAIN

Nearest railway station: Kalka, about 90 km from Shimla, with direct trains from Delhi and other cities such as Kolkata. From Kalka, take the Kalka–Shimla toy train or a taxi; check current timings and reach Shimla the day before the drive to Jiskun.

Kalka–Shimla toy train – a scenic UNESCO World Heritage route, slower than the road

Taxi or shared cab from Kalka – the faster way up to Shimla

Chandigarh – also well served by trains from Delhi; Shimla is 4–5 hours by road from there

From Shimla to Jiskun: about 198 km, a 10-hour drive. Transport is not included in the trek fee: we help the group book shared cabs from Shimla to Jiskun and back from Sangla to Shimla at ₹3,500 per person for both ways, paid directly to the driver. The pickup is at Shimla Old Bus Stand at 06:30 AM on Day 1.

Return: on the last day you trek about 12 km (6–7 hours) from Ronti Gad down to Sangla, then drive about 215 km (9–10 hours) to Shimla. The drive is overnight, so carry light snacks, water and a neck pillow, and book onward travel from Shimla for later the next day.

BY BUS OR ROAD

Bus route: HRTC and Volvo buses run from Delhi ISBT Kashmere Gate to Shimla (about 360 km, 8–9 hours) and from Chandigarh (about 120 km, 4–5 hours). Take an overnight bus from Delhi or travel a day early, so you are rested before the long drive to Jiskun.

From Shimla to Jiskun: about 198 km, a 10-hour drive. Transport is not included in the trek fee: we help the group book shared cabs from Shimla to Jiskun and back from Sangla to Shimla at ₹3,500 per person for both ways, paid directly to the driver. The pickup is at Shimla Old Bus Stand at 06:30 AM on Day 1.

Return: on the last day you trek about 12 km (6–7 hours) from Ronti Gad down to Sangla, then drive about 215 km (9–10 hours) to Shimla. The drive is overnight, so carry light snacks, water and a neck pillow, and book onward travel from Shimla for later the next day.

PLANS CHANGE — WE GET IT

Cancellation and **rescheduling**

UP TO 8 DAYS BEFORE

Free reschedule

Move to another batch once, transfer the booking, or take a 100% TrekCash voucher valid for one year.

CANCELLING

70% · 50%

70% refund 30 or more days before departure; 50% refund 15–29 days before.

8 TO 14 DAYS BEFORE

TrekCash

No cash refund, but a voucher for the full amount. Within 7 days: no refund. Full policy at trekkaro.com/terms#cancellation

OMI

Still have questions? Ask OMI anything

OMI is Trekkaro's AI trek advisor — fitness, weather, what to pack, dates, how to reach — in English, Hindi or your own language, any time of day. Tap anywhere on this box, or open trekkaro.com/trek/rupin-pass-trek#omi, and the chat opens on the trek page.

BOOK OR ASK US ANYTHING

+91 80576 54321 call

+91 75056 26675 WhatsApp · OMI answers 24×7

WhatsApp or call · 10 AM to 7 PM, Sunday off · info@trekkaro.com

TREKKARO.COM
World's Only Free Trekking Gear Company

trekkaro.com/trek/rupin-pass-trek

Trekkaro Adventures Pvt. Ltd. · 8+ years on the trail