

UTTARAKHAND · BAGESHWAR · HIMALAYA

Pindari Glacier Trek

6 days · 5 nights · Moderate · summit at 3,750 m

₹0

per person + 5% GST · EMI available at checkout · Free Trekking Gear (refundable deposit)

DURATION

6 days

GRADE

Moderate

HIGHEST POINT

3,750 m 12,300 ft

TREK DISTANCE

58 km

ABOUT THE TREK

Pindari Glacier at a glance

Trek fee per person

₹0

+ 5% GST ₹0

₹0 all-in

EMI available at checkout

Book at

trekkaro.com/trek/pindari-glacier-trek

Free Trekking Gear

Decathlon trekking shoes, a -10°C jacket, trekking poles, gaiters and microspikes come with your booking (₹3,000 refundable deposit + ₹200 washing charge). Tents and -20°C sleeping bags are part of the trek.

WHY TREK WITH TREKKARO

- ✓ World's only Free Trekking Gear company, since 2018
- ✓ Groups capped at 20 · one leader or guide for every 8
- ✓ Certified trek leaders, oximeter checks, first-aid kit
- ✓ Hot, fresh meals cooked at camp
- ✓ 4.7 on Google · 4.9 on Facebook
- ✓ Free rescheduling up to 8 days before

A river valley that runs straight into the heart of the Kumaon Himalaya, a village where the road ends, and at the top of it all a wall of ice with Nanda Kot and Nanda Khat standing behind it. The Pindari Glacier trek walks up the Pindar river from Khati to Zero Point, the viewpoint at 3,750 m (12,300 ft) facing the snout of the glacier, and walks back down the same green valley with the river for company all the way.

The Pindari Glacier trek lies in Bageshwar district of Uttarakhand, in the Pindar valley on the southern edge of the Nanda Devi outer sanctuary. We meet at Kathgodam Railway Station at 6:00 AM and drive through Bhimtal, Almora, Bageshwar and Kapkot to the road head at Kharkiya at 2,190 m (7,170 ft), a long hill drive of about 205 km. From Kharkiya a short walk brings you to Khati at 2,210 m (7,250 ft), the last village on...

TEMPERATURE IN THE SEASONS THIS TREK RUNS

Spring/Summer (Apr-Jun)

Day 15°C to 20°C, Night 2°C to 7°C

Autumn (Sep-Nov)

Day 10°C to 15°C, Night -5°C to 5°C

The itinerary

1 DAY 1

Drive Kathgodam (554 m / 1,820 ft) to Kharkiya (2,190 m / 7,170 ft), trek to Khati (2,210 m / 7,250 ft)

4 km, 1-1.5 hrs

We meet at Kathgodam Railway Station at 6:00 AM, where your trek leader checks your documents, hands over your Free Trekking Gear and takes your first health readings.

2 DAY 2

Khati (2,210 m / 7,250 ft) to Dwali (2,610 m / 8,560 ft)

12 km, 6-7 hrs

The long valley day begins after an early breakfast.

3 DAY 3

Dwali (2,610 m / 8,560 ft) to Phurkia (3,210 m / 10,530 ft)

6 km, 3-4 hrs

Today is short in distance but steady in height: you gain about 600 m in 6 km.

4 DAY 4

Phurkia (3,210 m / 10,530 ft) to Zero Point (3,750 m / 12,300 ft) and back

14 km, 6-8 hrs

This is the glacier day.

5 DAY 5

Phurkia (3,210 m / 10,530 ft) to Khati (2,210 m / 7,250 ft) via Dwali

18 km, 7-9 hrs

The longest day of the trek is the walk out, about 18 km from Phurkia down to Khati, losing about 1,000 m.

6 DAY 6

Khati (2,210 m / 7,250 ft) to Kharkiya (2,190 m / 7,170 ft)

4 km, 1-1.5 hrs; drive to Kathgodam

The last morning is short and easy.

PICK YOUR DATES

Upcoming **departures**

New dates are being scheduled — see trekkaro.com/trek/pindari-glacier-trek or WhatsApp us.

FEE COVERS

What is included

✓ Free Trekking Gear (FTG)	Decathlon trekking shoes. Decathlon jacket rated to -10°C. Trekking poles, gaiters and microspikes. No rental fee: ₹3,000 refundable deposit + ₹200 washing charge.
✓ Accommodation	Day 1 and Day 5: homestay or guesthouse at Khati, on a sharing basis. Day 2: camping in 3-person tents at Dwali. Day 3 and Day 4: camping in 3-person tents at Phurkia. Sleeping bags and mats provided at each camp.
✓ Meals	All meals from Day 1 dinner at Khati to Day 6 breakfast at Khati. Simple, freshly cooked vegetarian food. Tea, coffee, soup and snacks on the trail and at camp.
✓ Permits & Camping Fees	All forest permits and entry charges for the trek.
✓ Camping & Safety Equipment	Tents, sleeping bags and mats for the nights at camp. Dining tent and toilet tent at the campsite. First-aid kit on the trek. Pulse oximeter and blood-pressure checks during the trek.
✓ Trek Team	Certified trek leader and local guide throughout the 6-day trek. Cook, helpers and support staff.

OPTIONAL ADD-ONS

Backpack Offloading	₹1,800 + 5% GST for the whole trek (max 9 kg)
Single Tent Occupancy	₹2,000 + 5% GST for the whole trek
FTG (100% Refundable*)	₹3,000 refundable deposit, returned after the trek

What is not included

✗ Transport	Not included: Kathgodam to Kharkiya and back. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers. Your trek coordinator will confirm the cab fare. Travel to and from Kathgodam, arranged by you.
✗ Food During Transit	Meals on the drive between Kathgodam and Kharkiya.
✗ Backpack Offloading (optional)	₹1,800 + 5% GST for the entire trek. Maximum weight: 9 kg; no suitcases, trolleys or duffel bags.
✗ Single Tent Occupancy (optional)	₹2,000 + 5% GST per tent for the entire trek.
✗ Personal Equipment	Your backpack, clothing and other personal gear (trekking shoes, jacket, poles, gaiters and microspikes come with Free Trekking Gear).
✗ Trek Insurance	Travel insurance is mandatory and not included. It must cover high-altitude trekking and emergency evacuation.
✗ Anything Not Mentioned	Personal expenses and tips.

Under Inclusions

Things to carry

Basic Gears

Pindari means two long back-to-back days, a glacier day with snow patches early in the season and three cold nights in a tent, so pack for stamina, bright sun on open moraine and chilly evenings by the river.

- **Trekking shoes** – Provided free with Trekkaro's Free Trekking Gear (one refundable deposit of ₹3,000 + ₹200 washing charge covers the whole kit); your own broken-in pair with ankle support is welcome too.
- **Trekking poles** – Provided free with Trekkaro's Free Trekking Gear; they save your knees on the descents.
- **Microspikes and gaiters** – Provided free with Trekkaro's Free Trekking Gear, for the snow sections.
- **Backpack (40–60 L)** – with a rain cover.
- **Day pack (20–30 L)** – needed if you offload your main backpack; carries water and a warm layer.
- **Two water bottles (1 L each)** – an insulated one in the cold months.
- **Headlamp** – with spare batteries, for early starts and camp evenings.
- **Lunch box** – reusable, for packed lunch on the trail.

Clothes

Nights on the Pindari Glacier trek range from 7°C to 2°C from mid-April to June and from 5°C to -5°C between September and mid-November; pack three warm layers for spring and summer and four for autumn (thermal top and bottom, one or two fleece or woollen layers and a padded jacket).

- **-10°C padded jacket** – Provided free with Trekkaro's Free Trekking Gear; your main warm layer at camp and on the high sections.
- **Thermal inners (top and bottom)** – 1 set, for camp and the night.
- **Fleece jackets or woollen sweaters** – 1 in the warmer months, 2 in the cold months.
- **Rain jacket or poncho** – for sudden showers or wet snow.
- **Trek pants x2** – quick-dry, no jeans.
- **Quick-dry collared T-shirts x2–3** – full sleeves protect from sun.
- **Socks** – 3–4 pairs: sports socks for walking and woollen socks for the night.

Accessories

Keep these handy for the bright open sections and the cold evenings.

- **Sun cap** – for the open ridges and meadows.
- **Woollen cap** – covering the ears.
- **Balaclava or buff** – a balaclava in winter, a buff or scarf in other months.

- **Gloves** – a woollen pair plus a waterproof pair (essential in snow).
- **UV sunglasses** – for sun and snow glare.
- **Sunscreen SPF 50+ and lip balm** – for the exposed sections.
- **Quick-dry towel and toiletries** – small and light; no wet wipes, as they are not biodegradable.
- **Plastic or ziploc bags** – for wet clothes and to carry back your waste.

Others

- **Snacks** – dry fruits, energy bars and chocolates for the trail.
- **Power bank** – there is no charging point on the trail.
- **Personal medicines** – and a small first-aid pouch; tell the trek leader what you carry.
- **Cash in small notes** – cards are not accepted on the trail.

Mandatory Documents

- **Original government photo ID** – Aadhaar, passport, driving licence or voter ID, with a photocopy.
- **Medical certificate signed by a doctor** – download the format from your booking.
- **Signed disclaimer form** – from your booking.

How to reach

BY AIR

Nearest airport: Pantnagar Airport (PGH), about 30 km from Kathgodam, with a few flights from Delhi that are expensive and cancelled in bad weather. Delhi (DEL) is far better connected, and from Delhi an overnight train or bus brings you to Kathgodam by early morning. Fly in the day before the trek.

From Pantnagar to Kathgodam: about 30 km, 45 minutes to 1 hr by taxi. The meeting point is Kathgodam Railway Station at 6:00 AM on Day 1, from where the group drives to Kharkiya.

Return: The trek ends at Kharkiya on the morning of Day 6. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers, from Kharkiya to Kathgodam (about 205 km, 8–10 hrs); your trek coordinator will confirm the cab fare. Book your flight home for the next day.

BY TRAIN

Nearest railway station: Kathgodam (KGM) is the railhead for Kumaon and the meeting point for this trek, with direct trains from Delhi.

Ranikhet Express – overnight from Delhi (Old Delhi), reaching Kathgodam early in the morning, in time for the 6:00 AM pickup.

Kathgodam Shatabdi – daytime train from New Delhi, about 6 hrs; take it the day before and stay the night in Kathgodam or Haldwani.

Check current timings before you book.

From Kathgodam to Kharkiya: about 205 km, 8–10 hrs by shared cab. Be at Kathgodam Railway Station by 6:00 AM on Day 1.

Return: From Kharkiya on Day 6, a shared cab (not included; paid directly to the driver and split among trekkers) reaches Kathgodam between 6:30 and 7:30 PM. The Ranikhet Express to Delhi leaves late in the evening; book a departure after 9 PM, or plan your train for the next day.

BY BUS OR ROAD

By bus: Overnight buses run from Delhi (Anand Vihar ISBT) to Haldwani and Kathgodam, about 280 km and 7–8 hrs, with Uttarakhand Roadways and private operators. Haldwani is 6 km from Kathgodam, and a shared auto or taxi connects the two. Arrive in Kathgodam the day before, or by early morning on Day 1 at the latest.

From Kathgodam to Kharkiya: about 205 km, 8–10 hrs. The meeting point is Kathgodam Railway Station at 6:00 AM on Day 1, and the group travels together to Kharkiya by shared cab.

Return: The trek ends at Kharkiya on the morning of Day 6, and the shared cab (not included in the trek fee; your trek coordinator will confirm the cab fare) reaches Kathgodam between 6:30 and 7:30 PM. Night buses to Delhi leave from Haldwani through the evening; book a departure after 9 PM, or stay the night and travel the next day.

PLANS CHANGE — WE GET IT

Cancellation and **rescheduling**

UP TO 8 DAYS BEFORE

Free reschedule

Move to another batch once, transfer the booking, or take a 100% TrekCash voucher valid for one year.

CANCELLING

70% · 50%

70% refund 30 or more days before departure; 50% refund 15–29 days before.

8 TO 14 DAYS BEFORE

TrekCash

No cash refund, but a voucher for the full amount. Within 7 days: no refund. Full policy at trekkaro.com/terms#cancellation

OMI

Still have questions? Ask OMI anything

OMI is Trekkaro's AI trek advisor — fitness, weather, what to pack, dates, how to reach — in English, Hindi or your own language, any time of day. Tap anywhere on this box, or open trekkaro.com/trek/pindari-glacier-trek#omi, and the chat opens on the trek page.

BOOK OR ASK US ANYTHING

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