TREKKARO.COM
World's Only Free Trekking Gear Company

TREK BROCHURE · 24 NOV 2026



UTTARAKHAND · UTTARKASHI · HIMALAYA

Phulara Ridge Trek

6 days · 5 nights · Moderate · summit at 3,763 m

₹9,160

per person + 5% GST · EMI available at checkout · Free Trekking Gear (refundable deposit)

DURATION	GRADE	HIGHEST POINT	TREK DISTANCE
6 days	**Moderate**	**3,763 m** 12,345 ft	**25.5 km**

Ask OMI anything

ABOUT THE TREK

Phulara Ridge at a glance

Trek fee per person	+ 5% GST ₹458	EMI available at checkout
₹9,160	**₹9,618 all-in**	**Book at trekkaro.com/trek/phulara-ridge-trek**

Free Trekking Gear

Decathlon trekking shoes, a -10°C jacket, trekking poles, gaiters and microspikes come with your booking (₹3,000 refundable deposit + ₹200 washing charge). Tents and -20°C sleeping bags are part of the trek.

WHY TREK WITH TREKKARO

- ✓ World's only Free Trekking Gear company, since 2018
- ✓ Groups capped at 20 · one leader or guide for every 8
- ✓ Certified trek leaders, oximeter checks, first-aid kit
- ✓ Hot, fresh meals cooked at camp
- ✓ 4.7 on Google · 4.9 on Facebook
- ✓ Free rescheduling up to 8 days before

For more than four hours, the trail stays on top. Phulara Ridge lifts you above the treeline onto a broad, grassy crest and then simply keeps you there, with the Swargarohini group, Bandarpoonch, Kala Nag and Ranglana along the horizon and Kedarkantha standing close by. The slopes fall away into forested valleys on either side. There is no single moment of arrival on this trek; the high ground is something you walk along, hour after hour, on a ridge that rises to 12,345 ft.

The Phulara Ridge trek is a loop from the wooden village of Sankri through a run of very different landscapes. It rises through pine and oak forest to Juda Ka Talab, a small lake ringed by tall trees; climbs on through oak and silver birch to the open meadows of Bhoj Gadi, where Kedarkantha rises close by; follows the length of Phulara Ridge itself, with the...

TEMPERATURE IN THE SEASONS THIS TREK RUNS

Spring (Mar-Apr)	Day 8°C to 15°C, Night -5°C to 3°C
Summer (May-Jun)	Day 12°C to 20°C, Night 0°C to 5°C
Autumn (Sep-Nov)	Day 10°C to 14°C, Night -3°C to 0°C

Ask OMI anything

DAY BY DAY

The itinerary

1 DAY 1

Arrival at Sankri (1,950 m / 6,400 ft)

200 km drive from Dehradun, 8-9 hrs

Day 1 is a long travel day, so you leave Dehradun early, at about 6:30 AM. The road climbs through Mussoorie and then winds through Nainbagh, Purola and Mori.

2 DAY 2

Sankri (1,950 m / 6,400 ft) to Juda Ka Talab (2,773 m / 9,100 ft)

4 km, 4-5 hrs

The trek starts right from the village. The trail climbs out of Sankri and quickly enters a forest of pine and oak.

3 DAY 3

Juda Ka Talab (2,773 m / 9,100 ft) to Bhoj Gadi (3,400 m / 11,150 ft)

5 km, 4-6 hrs

After breakfast you keep climbing above the lake. The trail passes through oak and silver birch, and the forest slowly thins as you gain height.

4 DAY 4

Bhoj Gadi (3,400 m / 11,150 ft) to Pushtara (2,900 m / 9,510 ft) via Phulara Ridge (3,763 m / 12,345 ft)

8.5 km, 6-7 hrs

Today is the reason most people choose this trek, and it is the longest day.

5 DAY 5

Pushtara (2,900 m / 9,510 ft) to Taluka (2,107 m / 6,913 ft)

8 km, 5-6 hrs; 12 km drive to Sankri (1,950 m / 6,400 ft), 45 min

This is the last day on the trail. From Pushtara the trail drops steadily through forest, then comes out onto open village slopes above the Supin river.

6 DAY 6

Sankri (1,950 m / 6,400 ft) to Dehradun

200 km drive, 8-9 hrs

This is a long travel day.

Ask OMI anything

PICK YOUR DATES

Upcoming departures

NOV 2026
28 – 3 Dec
Sat to Thu · 6 days

NOV 2026
29 – 4 Dec
Sun to Fri · 6 days

MAR 2027
13 – 18
Sat to Thu · 6 days

MAR 2027
14 – 19
Sun to Fri · 6 days

MAR 2027
20 – 25
Sat to Thu · 6 days
Holi

MAR 2027
21 – 26
Sun to Fri · 6 days
Holi, Good Friday

MAR 2027
25 – 30
Thu to Tue · 6 days
Good Friday

MAR 2027
27 – 1 Apr
Sat to Thu · 6 days

MAR 2027
28 – 2 Apr
Sun to Fri · 6 days

APR 2027
3 – 8
Sat to Thu · 6 days

APR 2027
4 – 9
Sun to Fri · 6 days

APR 2027
10 – 15
Sat to Thu · 6 days
Ambedkar Jayanti, Ram Navami

APR 2027
11 – 16
Sun to Fri · 6 days
Ambedkar Jayanti, Ram Navami

APR 2027
13 – 18
Tue to Sun · 6 days
Ambedkar Jayanti, Ram Navami

APR 2027
14 – 19
Wed to Mon · 6 days
Ambedkar Jayanti, Ram Navami

APR 2027
17 – 22
Sat to Thu · 6 days

APR 2027
18 – 23
Sun to Fri · 6 days

APR 2027
24 – 29
Sat to Thu · 6 days

APR 2027
25 – 30
Sun to Fri · 6 days

MAY 2027
1 – 6
Sat to Thu · 6 days

MAY 2027
2 – 7
Sun to Fri · 6 days

MAY 2027
8 – 13
Sat to Thu · 6 days

MAY 2027
9 – 14
Sun to Fri · 6 days

MAY 2027
15 – 20
Sat to Thu · 6 days
Buddha Purnima

22 more dates, live seats and booking: trekkaro.com/trek/phulara-ridge-trek · booking closes at 5 PM the day before departure · groups capped at 20 with one leader or guide for every 8 trekkers.

Ask OMI anything

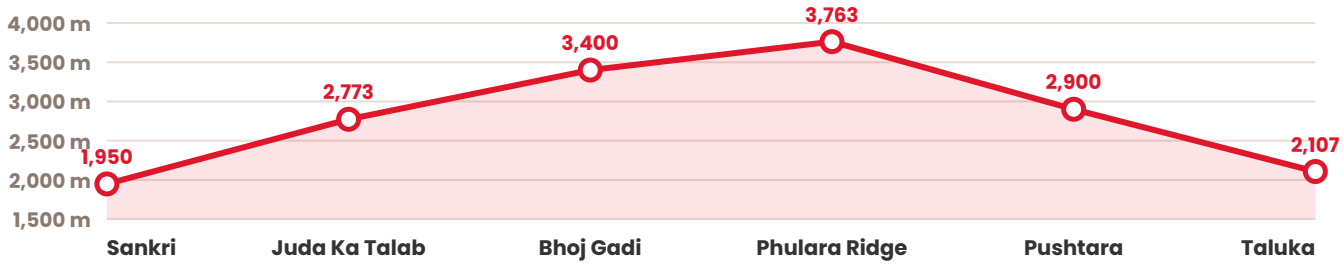
ON THE MAP

The route



Satellite view with the camps and the summit marked; the trek page has the same map with the trail walked day by day.

ALTITUDE PROFILE



ROUTE, STOP BY STOP

1 **Sankri** 1,950 m

Day 1 · Base · Base village

2 **Juda Ka Talab** 2,773 m

Day 2 · Lake · Forest camp by the pond

3 **Bhoj Gadi** 3,400 m

Day 3 · Camp · Camp below the ridge

4 **Phulara Ridge** 3,763 m

Day 4 · Summit · Ridge walk

5 **Pushtara** 2,900 m

Day 4 · Camp · Meadow camp

6 **Taluka (trek end)** 2,107 m

Day 5 · Base · Road head; drive to Sankri

Ask OMI anything

FEE COVERS

What is included

✓ **Free Trekking Gear (FTG)**	Decathlon trekking shoes. Decathlon jacket rated to -10°C. Trekking poles, gaiters and microspikes. No rental fee: ₹3,000 refundable deposit + ₹200 washing charge.
✓ **Accommodation**	Day 1 and Day 5: guesthouse or homestay in Sankri, on a triple/quad-sharing basis. Day 2 to Day 4: camping in 3-person tents.
✓ **Meals**	All meals from Day 1 dinner to Day 6 breakfast. Simple, freshly cooked vegetarian food. Tea, coffee, soup and snacks on the trail and at camp.
✓ **Permits & Camping Fees**	All forest permits and camping charges for the trek.
✓ **Camping & Safety Equipment**	Tents, sleeping bags and mats for the camping nights. Dining and toilet tents at camp. First-aid kit on the trek. Pulse oximeter and blood-pressure checks during the trek.
✓ **Trek Team**	Trek leader and local guide for all 6 days. Cook, helpers and support staff.

OPTIONAL ADD-ONS

Backpack Offloading	**₹1,800** + 5% GST for the whole trek (max 9 kg)
Single Tent Occupancy	**₹2,000** + 5% GST for the whole trek
FTG (100% Refundable*)	**₹3,000** refundable deposit, returned after the trek

What is not included

× **Transport**	Not included: Dehradun to Sankri and back. We help the group book shared cabs at ₹1,000 per person each way (₹2,000 return), paid directly to the driver. Not included: Taluka to Sankri on Day 5. Trekkaro helps the group book shared cabs; the fare is paid directly to the driver. Travel to and from Dehradun, arranged by you.
× **Food During Transit**	Meals on the drive between Dehradun and Sankri.
× **Backpack Offloading (optional)**	₹1,800 + 5% GST for the entire trek. Maximum weight: 9 kg; no suitcases, trolleys or duffel bags.
× **Single Tent Occupancy (optional)**	₹2,000 + 5% GST per tent for the entire trek.
× **Personal Equipment**	Your backpack, clothing and other personal gear (trekking shoes, jacket, poles, gaiters and microspikes come with Free Trekking Gear).
× **Trek Insurance**	Travel insurance is mandatory and not included. It must cover high-altitude trekking and emergency evacuation.
× **Anything Not Mentioned Under Inclusions**	Personal expenses and tips.

Ask OMI anything

PACKING LIST

Things to carry

Basic Gears

Phulara Ridge can have snow patches on the ridge from March to early May, and Day 4 is a 6–7 hr day with more than four hours on an open ridge with no shade or water, followed by long descents on Days 4 and 5.

- **Trekking shoes** – Provided free with Trekkaro's Free Trekking Gear (one refundable deposit of ₹3,000 + ₹200 washing charge covers the whole kit); your own broken-in pair with ankle support is welcome too.
- **Trekking poles** – Provided free with Trekkaro's Free Trekking Gear; they save your knees on the long descents.
- **Microspikes and gaiters** – Provided free with Trekkaro's Free Trekking Gear, for snow patches from March to early May or after an early November snowfall.
- **Backpack (50–60 L)** – with a rain cover.
- **Day pack (20–30 L)** – needed if you offload your main backpack.
- **Two water bottles (1 L each)** – fill both before ridge day, as there is no water on the ridge.
- **Headlamp** – with spare batteries.
- **Lunch box** – reusable, for packed lunches on the trail.

Clothes

Summer nights at the higher camps are 0–5°C and autumn nights drop to about -3 to 0°C, so carry 3 warm layers in May–June and 4 from September to November.

- **-10°C padded jacket** – Provided free with Trekkaro's Free Trekking Gear; your main warm layer at camp.
- **Thermal inners (top and bottom)** – for the cold nights at Bhoj Gadi and Pushtara.
- **Fleece jackets or woollen sweaters** – 1 in May–June, 2 in September–November.
- **Rain jacket or poncho** – for sudden showers; there is no shelter on the ridge.
- **Trek pants x2** – quick-dry, no jeans.
- **Quick-dry collared T-shirts x3** – full sleeves protect from the sun on the open ridge.
- **Socks** – 3–4 pairs: cotton or sports socks for walking and woollen socks for the night.

Accessories

You spend more than four hours on an exposed ridge with no shade, so sun protection matters as much as warmth.

- **Sun cap** – wide brim or neck flap, for ridge day.
- **Woollen cap** – covering the ears, for camp evenings.
- **Buff or scarf** – wind and sun protection on the ridge.
- **Gloves** – a woollen pair plus a waterproof pair.

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- **UV sunglasses** – for strong sun and any snow patches.
- **Sunscreen SPF 50+ and lip balm** – reapply through ridge day.
- **Quick-dry towel and toiletries** – small and light; no wet wipes, as they are not biodegradable.
- **Plastic or ziploc bags** – for wet clothes and to carry back your waste.

Others

Signal is available in Sankri but not on most of the trail, and there is no charging at the campsites, so prepare in Dehradun.

- **Personal medical kit** – your regular medicines and a small first-aid pouch (blister plasters, pain relief, ORS); consult your doctor before the trek.
- **Snacks and ORS** – dry fruit, energy bars, chocolate and electrolyte sachets for the long ridge day.
- **Power bank** – there is no charging at the campsites.
- **Cash** – the last reliable ATMs are at Purola, so withdraw in Dehradun to be safe; keep the cab fares (₹1,000 per person each way between Dehradun and Sankri), and the Taluka to Sankri ride on Day 5.
- **Camp slippers or sandals** – light, for camp.

Mandatory Documents

- **Government photo ID** – original and a photocopy (Aadhaar, passport, driving licence or voter ID).
- **Medical certificate** – signed by a doctor; mandatory for every trekker. The form is in My Bookings.
- **Disclaimer form** – signed.
- **Travel insurance** – mandatory; the policy must cover high-altitude trekking and emergency evacuation.

Ask OMI anything

GETTING THERE

How to reach

BY AIR

Nearest airport: Jolly Grant Airport (DED), about 25 km / 45–60 min from Dehradun city, with direct flights from Delhi and other metros. The cab leaves Dehradun Railway Station at 06:30 AM, so fly in the day before and stay near the station.

From Dehradun to Sankri: 200 km, 8–9 hrs by road. Transport is not included in the trek fee: we help the group book shared cabs at ₹1,000 per person each way, paid directly to the driver. The cab leaves Dehradun Railway Station for Sankri at 6:30 AM.

Return: On the last day the shared cab from Sankri (₹1,000 per person, paid directly to the driver) reaches Dehradun Railway Station by 06:00 PM. Book your flight home for the next day.

BY TRAIN

Nearest railway station: Dehradun (DDN), which is also the pickup point, with direct trains from Delhi. Take the overnight train to arrive on the morning of departure, or come a day early.

Nanda Devi Express – overnight from Delhi, the easiest way to make the 06:30 AM cab.

Dehradun Shatabdi, Jan Shatabdi and Vande Bharat – day trains; take them the day before the trek.

Check current timings before you book.

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Return: On the last day the shared cab from Sankri (₹1,000 per person, paid directly to the driver) reaches Dehradun Railway Station by 06:00 PM. Book a late-night train or travel the next day.

BY BUS OR ROAD

By bus: Buses run through the night from Delhi ISBT Kashmere Gate to Dehradun ISBT, about 6–7 hrs. Prefer Uttarakhand Roadways (government) Volvo or ordinary buses from inside the ISBT, and from Dehradun ISBT take an auto or cab to the railway station for the 06:30 AM pickup. If you are travelling on your own, early-morning buses also run from Dehradun to Sankri.

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Ask OMI anything

PLANS CHANGE — WE GET IT

Cancellation and rescheduling

UP TO 8 DAYS BEFORE

Free reschedule

Move to another batch once, transfer the booking, or take a 100% TrekCash voucher valid for one year.

CANCELLING

70% · 50%

70% refund 30 or more days before departure; 50% refund 15–29 days before.

8 TO 14 DAYS BEFORE

TrekCash

No cash refund, but a voucher for the full amount. Within 7 days: no refund. Full policy at trekkaro.com/terms#cancellation

If Trekkaro cancels a batch (low group size, trek leader unavailable, route closed, weather or government orders) you are told by e-mail and WhatsApp with the reason and get **100% of everything you paid**, however close to departure — as a TrekCash voucher valid 12 months, or a full refund if you prefer, or a free move to another batch.

OMI

Still have questions? Ask OMI anything

OMI is Trekkaro's AI trek advisor — fitness, weather, what to pack, dates, how to reach — in English, Hindi or your own language, any time of day. Tap anywhere on this box, or open **trekkaro.com/trek/phulara-ridge-trek#omi**, and the chat opens on the trek page.

BOOK OR ASK US ANYTHING

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+91 75056 26675 WhatsApp · OMI answers 24×7

WhatsApp or call · 10 AM to 7 PM, Sunday off · info@trekkaro.com

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