

HIMACHAL PRADESH · KANGRA · HIMALAYA

Kareri Lake Trek

3 days · 2 nights · Easy – Moderate · summit at 2,930 m

₹5,300

per person + 5% GST · EMI available at checkout · Free Trekking Gear (refundable deposit)

DURATION

3 days

GRADE

Easy – Moderate

HIGHEST POINT

2,930 m 9,613 ft

TREK DISTANCE

26 km

ABOUT THE TREK

Kareri Lake at a glance

Trek fee per person

₹5,300

+ 5% GST ₹265

₹5,565 all-in

EMI available at checkout

Book at

trekkaro.com/trek/kareri-lake-trek

Free Trekking Gear

Decathlon trekking shoes, a -10°C jacket, trekking poles, gaiters and microspikes come with your booking (₹3,000 refundable deposit + ₹200 washing charge). Tents and -20°C sleeping bags are part of the trek.

WHY TREK WITH TREKKARO

- ✓ World's only Free Trekking Gear company, since 2018
- ✓ Groups capped at 20 · one leader or guide for every 8
- ✓ Certified trek leaders, oximeter checks, first-aid kit
- ✓ Hot, fresh meals cooked at camp
- ✓ 4.7 on Google · 4.9 on Facebook
- ✓ Free rescheduling up to 8 days before

Above the tea gardens and monasteries of Dharamshala, a stream called the Nyund comes tumbling down out of the Dhauladhar. Follow it upstream for two days, through pine and oak forest and over grey granite slabs, and you reach the place where it is born: Kareri Lake, a clear, shallow pool of snowmelt at 2,930 m (9,613 ft), with a small white temple on the rise above it and the rock walls of Minkiani standing behind. It is one of the gentlest ways to walk into the high Dhauladhar, and one of the most rewarding.

The Kareri Lake trek lies in Kangra district of Himachal Pradesh, on the south face of the Dhauladhar range, about 9 km north-west of Dharamshala as the crow flies. We pick you up at the Dharamshala ISBT at 10:00 AM and drive about 25 km to Kareri village (1,800 m / 5,905 ft), a Gaddi village of slate-roofed houses and terraced...

TEMPERATURE IN THE SEASONS THIS TREK RUNS

Spring/Summer (Apr-Jun)

Day 12°C to 22°C, Night 3°C to 10°C

Autumn (Sep-Nov)

Day 8°C to 18°C, Night -2°C to 8°C

The itinerary

1 DAY 1

Drive Dharamshala to Kareri village (1,800 m / 5,905 ft), trek to Reoti (2,450 m / 8,038 ft)

6 km, 4–5 hrs

We meet at the Dharamshala ISBT (main bus stand) at 10:00 AM. After a quick introduction from your trek leader, the group sets off in shared cabs for Kareri village, about 25 km and 1.5–2 hours away.

2 DAY 2

Reoti (2,450 m / 8,038 ft) to Kareri Lake (2,930 m / 9,613 ft) and back to Reoti

14 km, 7–8 hrs

This is the day you came for. After an early breakfast you leave the tents standing at Reoti and set off with a light day pack, a packed lunch and plenty of water.

3 DAY 3

Reoti (2,450 m / 8,038 ft) to Kareri village (1,800 m / 5,905 ft)

6 km, 3–4 hrs; drive to Dharamshala

Wake up to your last morning at Reoti, with the stream running past and the light coming down the valley. After breakfast the team packs up camp, and we start the descent to Kareri village on the same trail we climbed on Day 1.

PICK YOUR DATES

Upcoming departures

OCT 2026 24 – 26 Sat to Mon · 3 days	OCT 2026 31 – 2 Nov Sat to Mon · 3 days	NOV 2026 7 – 9 Sat to Mon · 3 days Diwali	NOV 2026 14 – 16 Sat to Mon · 3 days
NOV 2026 21 – 23 Sat to Mon · 3 days	NOV 2026 28 – 30 Sat to Mon · 3 days	APR 2027 3 – 5 Sat to Mon · 3 days	APR 2027 10 – 12 Sat to Mon · 3 days
APR 2027 17 – 19 Sat to Mon · 3 days	APR 2027 24 – 26 Sat to Mon · 3 days	MAY 2027 1 – 3 Sat to Mon · 3 days	MAY 2027 8 – 10 Sat to Mon · 3 days
MAY 2027 15 – 17 Sat to Mon · 3 days	MAY 2027 22 – 24 Sat to Mon · 3 days	MAY 2027 29 – 31 Sat to Mon · 3 days	JUN 2027 5 – 7 Sat to Mon · 3 days
JUN 2027 12 – 14 Sat to Mon · 3 days	JUN 2027 19 – 21 Sat to Mon · 3 days	JUN 2027 26 – 28 Sat to Mon · 3 days	SEP 2027 4 – 6 Sat to Mon · 3 days
SEP 2027 11 – 13 Sat to Mon · 3 days	SEP 2027 18 – 20 Sat to Mon · 3 days	SEP 2027 25 – 27 Sat to Mon · 3 days	

live seats and booking: trekkaro.com/trek/kareri-lake-trek · booking closes at 5 PM the day before departure · groups capped at 20 with one leader or guide for every 8 trekkers.

FEE COVERS

What is included

✓ Free Trekking Gear (FTG)	Decathlon trekking shoes. Decathlon jacket rated to -10°C. Trekking poles, gaiters and microspikes. No rental fee: ₹3,000 refundable deposit + ₹200 washing charge.
✓ Accommodation	Day 1 and Day 2: camping at Reoti (Liyoti), in 3-person tents.
✓ Meals	All meals from Day 1 lunch to Day 3 lunch. Simple, freshly cooked vegetarian food. Tea, coffee, soup and snacks on the trail and at camp.
✓ Permits & Camping Fees	All forest permits and entry charges for the trek.
✓ Camping & Safety Equipment	Tents, sleeping bags and mats for the nights at camp. Dining tent and toilet tent at the campsite. First-aid kit on the trek. Pulse oximeter and blood-pressure checks during the trek.
✓ Trek Team	Certified trek leader and local guide throughout the 3-day trek. Cook, helpers and support staff.

OPTIONAL ADD-ONS

Backpack Offloading	₹1,000 + 5% GST for the whole trek (max 9 kg)
Single Tent Occupancy	₹2,000 + 5% GST for the whole trek
FTG (100% Refundable*)	₹3,000 refundable deposit, returned after the trek

What is not included

✗ Transport	Not included: Dharamshala to Kareri village and back. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers. Your trek coordinator will confirm the cab fare. Travel to and from Dharamshala, arranged by you.
✗ Food During Transit	Meals on the drive between Dharamshala and Kareri Village.
✗ Backpack Offloading (optional)	₹1,000 + 5% GST for the entire trek. Maximum weight: 9 kg; no suitcases, trolleys or duffel bags.
✗ Single Tent Occupancy (optional)	₹2,000 + 5% GST per tent for the entire trek.
✗ Personal Equipment	Your backpack, clothing and other personal gear (trekking shoes, jacket, poles, gaiters and microspikes come with Free Trekking Gear).
✗ Trek Insurance	Travel insurance is mandatory and not included. It must cover high-altitude trekking and emergency evacuation.
✗ Anything Not Mentioned Under Inclusions	Personal expenses and tips.

Things to carry

Basic Gears

The Kareri Lake trek is short, but Day 2 is a long 14 km walk over rocky granite steps, nights at Reoti camp fall close to freezing in April and November, and snow or ice can lie near the lake early and late in the season.

- **Trekking shoes** – Provided free with Trekkaro's Free Trekking Gear (one refundable deposit of ₹3,000 + ₹200 washing charge covers the whole kit); your own broken-in pair with ankle support is welcome too.
- **Trekking poles** – Provided free with Trekkaro's Free Trekking Gear; they save your knees on the descents.
- **Microspikes and gaiters** – Provided free with Trekkaro's Free Trekking Gear, for the snow sections.
- **Backpack (40–60 L)** – with a rain cover.
- **Day pack (20–30 L)** – needed if you offload your main backpack; carries water and a warm layer.
- **Two water bottles (1 L each)** – an insulated one in the cold months.
- **Headlamp** – with spare batteries, for early starts and camp evenings.
- **Lunch box** – reusable, for packed lunch on the trail.

Clothes

Pack for the month: May, June, September and October nights at camp are about 5°C to 10°C and 3 warm layers are enough, while April and November nights fall to about -2°C to 3°C and you need 4 (thermal top and bottom, a fleece or woollen layer and a padded jacket).

- **-10°C padded jacket** – Provided free with Trekkaro's Free Trekking Gear; your main warm layer at camp and on the high sections.
- **Thermal inners (top and bottom)** – 1 set, for camp and the night.
- **Fleece jackets or woollen sweaters** – 1 in the warmer months, 2 in the cold months.
- **Rain jacket or poncho** – for sudden showers or wet snow.
- **Trek pants x2** – quick-dry, no jeans.
- **Quick-dry collared T-shirts x2–3** – full sleeves protect from sun.
- **Socks** – 3–4 pairs: sports socks for walking and woollen socks for the night.

Accessories

Keep these handy for the bright open sections and the cold evenings.

- **Sun cap** – for the open ridges and meadows.
- **Woollen cap** – covering the ears.
- **Balaclava or buff** – a balaclava in winter, a buff or scarf in other months.

- **Gloves** – a woollen pair plus a waterproof pair (essential in snow).
- **UV sunglasses** – for sun and snow glare.
- **Sunscreen SPF 50+ and lip balm** – for the exposed sections.
- **Quick-dry towel and toiletries** – small and light; no wet wipes, as they are not biodegradable.
- **Plastic or ziploc bags** – for wet clothes and to carry back your waste.

Others

- **Snacks** – dry fruits, energy bars and chocolates for the trail.
- **Power bank** – there is no charging point on the trail.
- **Personal medicines** – and a small first-aid pouch; tell the trek leader what you carry.
- **Cash in small notes** – cards are not accepted on the trail.

Mandatory Documents

- **Original government photo ID** – Aadhaar, passport, driving licence or voter ID, with a photocopy.
- **Medical certificate signed by a doctor** – download the format from your booking.
- **Signed disclaimer form** – from your booking.

How to reach

BY AIR

Nearest airport: Kangra Airport at Gaggal (DHM), about 13 km / 30–40 min from Dharamshala, with flights from Delhi. The pickup is at the Dharamshala ISBT at 10:00 AM, so a morning flight on Day 1 is tight; we recommend flying in the day before and staying in Dharamshala or McLeodganj.

From Dharamshala to Kareri village: 25 km, about 1.5–2 hrs by road. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers. Your trek coordinator will confirm the cab fare.

Return: After the descent to Kareri village on Day 3, the shared cab is expected at the Dharamshala ISBT between 5:30 and 6:30 PM. Book your flight home for the next day.

BY TRAIN

Nearest railway station: Pathankot (PTK), about 85–90 km from Dharamshala, with direct trains from Delhi.

Overnight trains from Delhi to Pathankot – arrive in the early morning, then take a bus or taxi to Dharamshala, about 3 hrs. Kangra Mandir station – about 22 km from Dharamshala on the narrow-gauge line, with few trains; not practical for the pickup.

Check current timings before you book, and reach Dharamshala the day before if your train arrives late.

From Dharamshala to Kareri village: 25 km, about 1.5–2 hrs by road. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers. Your trek coordinator will confirm the cab fare.

Return: The shared cab is expected at the Dharamshala ISBT between 5:30 and 6:30 PM on Day 3. Allow about 3 hrs to Pathankot and plan a late-night train or one on the next day.

BY BUS OR ROAD

By bus: Overnight Volvo and ordinary buses run from Delhi (ISBT Kashmere Gate and Majnu ka Tilla) to Dharamshala, about 500 km and 12–13 hrs, and from Chandigarh, about 7 hrs. Prefer HRTC (Himachal government) buses. An overnight bus from Delhi reaches Dharamshala in the morning, in time for the 10:00 AM pickup at the ISBT.

From Dharamshala to Kareri village: 25 km, about 1.5–2 hrs by road. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers. Your trek coordinator will confirm the cab fare.

Return: The shared cab is expected at the Dharamshala ISBT between 5:30 and 6:30 PM on Day 3, in time for the overnight buses to Delhi and Chandigarh.

PLANS CHANGE — WE GET IT

Cancellation and **rescheduling**

UP TO 8 DAYS BEFORE

Free reschedule

Move to another batch once, transfer the booking, or take a 100% TrekCash voucher valid for one year.

CANCELLING

70% · 50%

70% refund 30 or more days before departure; 50% refund 15–29 days before.

8 TO 14 DAYS BEFORE

TrekCash

No cash refund, but a voucher for the full amount. Within 7 days: no refund. Full policy at trekkaro.com/terms#cancellation

OMI

Still have questions? Ask OMI anything

OMI is Trekkaro's AI trek advisor — fitness, weather, what to pack, dates, how to reach — in English, Hindi or your own language, any time of day. Tap anywhere on this box, or open trekkaro.com/trek/kareri-lake-trek#omi, and the chat opens on the trek page.

BOOK OR ASK US ANYTHING

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