

UTTARAKHAND · UTTARKASHI · HIMALAYA

Gaumukh Tapovan Trek

7 days · 6 nights · Moderate – Difficult · summit at 4,463 m

₹16,500

per person + 5% GST · EMI available at checkout · Free Trekking Gear (refundable deposit)

DURATION

7 days

GRADE

Moderate – Difficult

HIGHEST POINT

4,463 m 14,640 ft

TREK DISTANCE

46 km

ABOUT THE TREK

Gaumukh Tapovan **at a glance**

Trek fee per person

₹16,500

+ 5% GST ₹825

₹17,325 all-in

EMI available at checkout

Book at

trekkaro.com/trek/gaumukh-tapovan-trek

Free Trekking Gear

Decathlon trekking shoes, a -10°C jacket, trekking poles, gaiters and microspikes come with your booking (₹3,000 refundable deposit + ₹200 washing charge). Tents and -20°C sleeping bags are part of the trek.

WHY TREK WITH TREKKARO

- ✓ World's only Free Trekking Gear company, since 2018
- ✓ Groups capped at 20 · one leader or guide for every 8
- ✓ Certified trek leaders, oximeter checks, first-aid kit
- ✓ Hot, fresh meals cooked at camp
- ✓ 4.7 on Google · 4.9 on Facebook
- ✓ Free rescheduling up to 8 days before

Gaumukh is the mouth of the Ganges. Not a river mouth – the actual source, a tongue of glacial ice at 12,770 feet from which the Bhagirathi River emerges, cold and white, at the foot of the Gangotri Glacier. To stand at Gaumukh is to stand at the origin of one of the most sacred and significant rivers on earth. To continue to Tapovan is to enter a high-altitude meadow at 14,640 feet that exists in the immediate presence of Shivling Peak, 6,543 metres of near-vertical rock and ice that rises from the meadow floor so directly and so completely that it fills the entire visual field above you.

The Gaumukh-Tapovan trek is one of the most spiritually and visually significant treks in India, not just as a Himalayan adventure but as a journey to a place that has drawn Hindu pilgrims, mountaineers, sadhus, and seekers of all kinds for centuries....

TEMPERATURE IN THE SEASONS THIS TREK RUNS

May-Jun

Gangotri 5°C to 15°C, Tapovan -5°C to 3°C

Sep-Oct

Gangotri 5°C to 18°C, Tapovan -8°C to 2°C

The itinerary

1 DAY 1

Arrival at Gangotri (3,065 m / 10,050 ft)

241 km drive from Dehradun, 10–11 hrs

The drive to Gangotri is an approach that earns its own place in the experience.

2 DAY 2

Gangotri (3,065 m / 10,050 ft) to Chirbasa (3,600 m / 11,808 ft)

9 km, 4–5 hrs

Altitude: 3,065 m (10,050 ft) → 3,600 m (11,808 ft) | Distance: ~9 km | Duration: 4–5 hrs | Terrain: Forest trail, riverside gorge path, rocky sections above...

3 DAY 3

Chirbasa (3,600 m / 11,808 ft) to Bhojbasa (3,775 m / 12,385 ft)

5 km, 3–4 hrs

Altitude: 3,600 m (11,808 ft) → 3,775 m (12,385 ft) | Distance: ~5 km | Duration: 3–4 hrs | Terrain: Open rocky valley, lateral moraine, last section above treeline...

4 DAY 4

Bhojbasa (3,775 m / 12,385 ft) to Tapovan (4,463 m / 14,640 ft) via Gaumukh (3,892 m / 12,770 ft)

9 km, 6–7 hrs

Day 4 is the physical and emotional centrepiece of the Gaumukh Tapovan trek and one of the most memorable single trekking days in the accessible Indian Himalayas.

5 DAY 5

Tapovan (4,463 m / 14,640 ft) to Bhojbasa (3,775 m / 12,385 ft)

9 km, 5–6 hrs

The morning of Day 5 begins with the final dawn at Tapovan.

6 DAY 6

Bhojbasa (3,775 m / 12,385 ft) to Gangotri (3,065 m / 10,050 ft)

14 km, 5–6 hrs

The final trekking day of the Gaumukh Tapovan circuit reverses the approach route from Bhojbasa to Chirbasa to Gangotri – 14 kilometres along the Bhagirathi gorge,...

7 DAY 7

Gangotri (3,065 m / 10,050 ft) to Dehradun

241 km drive, 10–11 hrs

The final day of the Gaumukh–Tapovan trek is the drive from Gangotri back to Dehradun, approximately 241 km through the Bhagirathi Valley and out to the plains.

PICK YOUR DATES

Upcoming departures

OCT 2026 17 – 23 Sat to Fri · 7 days Dussehra	MAY 2027 14 – 20 Fri to Thu · 7 days Buddha Purnima	MAY 2027 15 – 21 Sat to Fri · 7 days Buddha Purnima	MAY 2027 21 – 27 Fri to Thu · 7 days
MAY 2027 22 – 28 Sat to Fri · 7 days	MAY 2027 28 – 3 Jun Fri to Thu · 7 days	MAY 2027 29 – 4 Jun Sat to Fri · 7 days	JUN 2027 4 – 10 Fri to Thu · 7 days
JUN 2027 5 – 11 Sat to Fri · 7 days	JUN 2027 11 – 17 Fri to Thu · 7 days	JUN 2027 12 – 18 Sat to Fri · 7 days	JUN 2027 18 – 24 Fri to Thu · 7 days
JUN 2027 19 – 25 Sat to Fri · 7 days	JUN 2027 25 – 1 Jul Fri to Thu · 7 days	JUN 2027 26 – 2 Jul Sat to Fri · 7 days	SEP 2027 18 – 24 Sat to Fri · 7 days
SEP 2027 25 – 1 Oct Sat to Fri · 7 days			

live seats and booking: trekkaro.com/trek/gaumukh-tapovan-trek · booking closes at 5 PM the day before departure ·

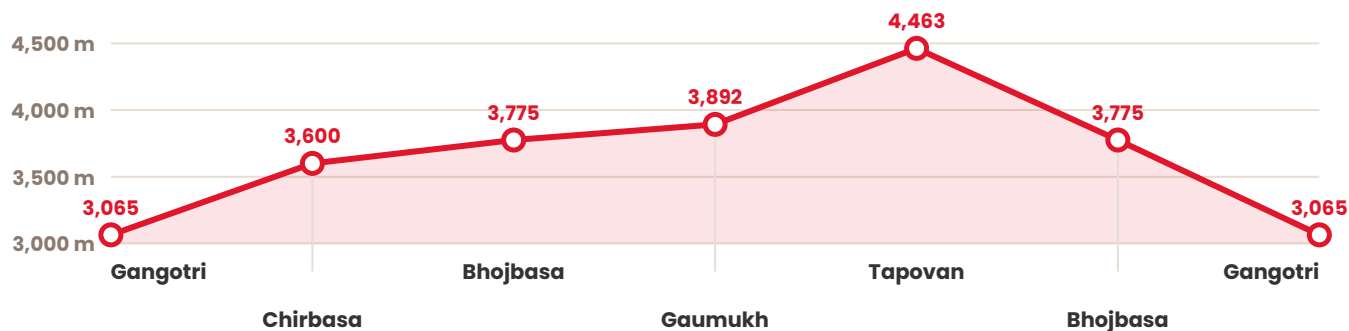
groups capped at 20 with one leader or guide for every 8 trekkers.

The route



Satellite view with the camps and the summit marked; the trek page has the same map with the trail walked day by day.

ALTITUDE PROFILE



ROUTE, STOP BY STOP

- | | |
|--|---|
| <p>1 Gangotri 3,065 m
Day 1 · Base · Temple town</p> <p>2 Chirbasa 3,600 m
Day 2 · Camp · Pine camp</p> <p>3 Bhojbasa 3,775 m
Day 3 · Camp · Ashram camp</p> <p>4 Gaumukh 3,892 m
Day 4 · Camp · Glacier snout</p> | <p>5 Tapovan 4,463 m
Day 4 · Summit · Meadow under Shivling</p> <p>6 Bhojbasa (return) 3,775 m
Day 5 · Camp · Descent camp</p> <p>7 Gangotri (trek end) 3,065 m
Day 6 · Base · Descent</p> |
|--|---|

FEE COVERS

What is included

✓ Free Trekking Gear (FTG)	Decathlon trekking shoes. Decathlon jacket rated to -10°C. Trekking poles, gaiters and microspikes. No rental fee: ₹3,000 refundable deposit + ₹200 washing charge.
✓ Accommodation	Day 1 and Day 6: guesthouse or hotel in Gangotri, on a triple-sharing basis. Day 2 to Day 5: camping at Chirbasa, Bhojbasa and Tapovan (4 nights), on a triple-sharing basis.
✓ Meals	All meals from Day 1 dinner to Day 6 dinner: breakfast, lunch, evening snacks and dinner.
✓ Permits & Camping Fees	Gangotri National Park permits and Gaumukh entry fees, arranged by Trekkaro.
✓ Camping & Safety Equipment	Double-wall, rain-rated tents and -20°C sleeping bags at every campsite. Trekking mattresses or sleeping pads at every campsite. SpO2, pulse and blood-pressure checks twice a day at every campsite. Portable oxygen cylinder and emergency stretcher on every batch. HF radio communication across the trek team.
✓ Trek Team	Certified trek leader and guide for all 7 days. Mountain kitchen staff, camp helpers, and mules or porters for the group equipment. Trek completion certificate when you reach Tapovan and return to Gangotri.

OPTIONAL ADD-ONS

FTG (100% Refundable*)	₹3,000 refundable deposit, returned after the trek
Backpack Offloading	₹2,400 + 5% GST for the whole trek (max 9 kg)
Single Tent Occupancy	₹2,000 + 5% GST for the whole trek

What is not included

✗ Transport	Not included: Dehradun to Gangotri and back. Trekkaro helps the group book a shared cab, approximately ₹8,000 one way per 5–6 seat vehicle, paid directly to the driver and split among the trekkers in it. Travel to and from Dehradun (flights, trains or buses), arranged by you.
✗ Food During Transit	Meals on the drive between Dehradun and Gangotri.
✗ Backpack Offloading (optional)	₹2,400 + 5% GST for the entire trek. Maximum weight: 9 kg; no suitcases, trolleys or duffel bags. Charges may be higher for last-minute requests made at Gangotri.
✗ Single Tent Occupancy (optional)	₹2,000 + 5% GST per tent for the entire trek.
✗ Personal Equipment	Your clothing, backpack, sunglasses and other personal gear (shoes, jacket, poles, gaiters and microspikes come with Free Trekking Gear).
✗ Trek Insurance	Travel insurance is mandatory and not included. It must cover high-altitude trekking and helicopter evacuation.
✗ Anything Not Mentioned Under Inclusions	Accommodation in Dehradun before or after the trek. Personal expenses such as tips, calls, laundry and extra snacks. Costs from an early exit, evacuation, or an itinerary change due to weather or medical reasons.

Things to carry

Basic Gears

The trail climbs from Gangotri (3,065 m) over rocky glacier moraine to Tapovan at 4,463 m, so you need sturdy footwear and gear for cold, uneven ground.

- **Backpack** – 50–60 L with a rain cover and a padded hip belt.
- **Day pack** – 20–30 L for water, snacks and a layer on day walks; needed if you offload your main backpack.
- **Trekking shoes** – Provided free with Trekkaro's Free Trekking Gear (one refundable deposit of ₹3,000 + ₹200 washing charge covers the whole kit); waterproof with ankle support for the moraine and stream crossings.
- **Trekking pole** – Provided free with Trekkaro's Free Trekking Gear; helps a lot on loose moraine and on the descent.
- **Microspikes and gaiters** – Provided free with Trekkaro's Free Trekking Gear, for snow and ice on the trail.
- **Headlamp** – with spare batteries, for early starts and camp.
- **Water bottles** – two 1 L bottles; make one insulated so your water does not freeze at Tapovan.

Clothes

Even in May–June and September–October, nights at Tapovan (4,463 m) are very cold, so carry 4 warm layers.

- **Padded jacket (–10°C)** – Provided free with Trekkaro's Free Trekking Gear; your main warm layer at Tapovan.
- **Thermal innerwear** – 2 sets, top and bottom, in a moisture-wicking fabric; avoid cotton.
- **Fleece or woollen layers** – 2, including one heavy fleece for Tapovan nights.
- **Trek pants** – 2, quick-dry (one to wear, one spare); a fleece-lined pair is useful for cold camp evenings. Avoid jeans.
- **Collared T-shirts** – 3, quick-dry, full-sleeved to protect against the sun.
- **Rain jacket and rain pants (or a poncho)** – for rain on the trail along the Bhagirathi gorge.

Accessories

Glare off snow and ice near the Gaumukh glacier is intense and the wind on the open moraine is cold, so protect your eyes, face and hands.

- **Sunglasses** – UV-protected (category 3 or 4) to prevent snow blindness.
- **Sun cap** – wide-brimmed or with a neck flap.
- **Woollen cap** – covering the ears, for early mornings and nights.
- **Balaclava or buff** – for wind on the moraine and cold early mornings at Tapovan.
- **Gloves** – 1 fleece pair plus 1 insulated waterproof pair; ordinary trekking gloves are not enough at Tapovan.
- **Socks** – 4 pairs: 2 cotton or sports pairs for walking and 2 woollen pairs for camp.

- **Sunscreen** – SPF 50+; reapply through the day.
- **Lip balm** – with SPF, to prevent chapped lips.

Others

ATMs are few in the hills and there is no charging on the trail, so carry cash and a charged power bank from Dehradun.

- **Lunch box** – reusable, for packed lunches on the trail.
- **Toiletries** – toothbrush, toothpaste, biodegradable soap, hand sanitiser and toilet paper; no wet wipes, as they are not biodegradable.
- **Quick-dry towel** – small and light.
- **Plastic or ziploc bags** – to keep electronics, documents and spare clothes dry, and to carry your waste back down; Trekkaro follows a zero-waste policy on the trail.
- **Personal medical kit** – your regular medicines, blister plasters and ORS; ask your doctor about altitude medicine before the trek.
- **Snacks and electrolytes** – dry fruits, energy bars and electrolyte or ORS sachets to stay hydrated at altitude.
- **Power bank** – cold drains batteries fast; keep spares close to your body.
- **Camp slippers** – light sandals for the tent and camp.
- **Cash** – withdraw enough in Dehradun, in small notes, for the shared cab fare and small expenses; cards are not accepted in the mountains.

Mandatory Documents

- **Original government photo ID** – Aadhaar card, passport, voter ID or driving licence.
- **Photocopy of the same ID** – keep it with the original in a waterproof pouch.
- **Passport** – for international trekkers; needed for forest entry permits and in case of medical evacuation.
- **Trekkaro booking confirmation** – your e-ticket or tax invoice.
- **Medical fitness certificate** – strongly recommended.
- **Travel insurance policy** – mandatory, with emergency evacuation cover.
- **Disclaimer form** – with your emergency contact details filled in.

How to reach

BY AIR

Nearest airport: Jolly Grant Airport (DED), about 25 km and 45–60 min from Dehradun city, with direct flights from Delhi and other metros. The drive to Gangotri takes 10–11 hrs, so fly in the day before and stay the night in Dehradun.

From Dehradun to Gangotri: The 241 km drive takes 10–11 hrs. Transport is not included in the trek fee: we help the group book shared cabs from Dehradun to Gangotri (about ₹8,000 one way per 5–6 seat vehicle), paid directly to the driver and split among trekkers. The pickup is at Dehradun Railway Station at 06:30 AM on Day 1.

Return: On the last day the cab leaves Gangotri at 06:30 AM and reaches Dehradun Railway Station by about 07:00 PM (about ₹8,000 one way per vehicle, shared). Book your flight for the next day.

BY TRAIN

Nearest railway station: Dehradun Railway Station (DDN), with direct trains from Delhi. With a 10–11 hr drive ahead, take the overnight train or reach Dehradun a day early; book ahead in peak season and check current timings.

Nanda Devi Express – overnight from Delhi, arriving early in the morning.

Dehradun Shatabdi, Jan Shatabdi or Vande Bharat – good choices if you travel the day before and stay the night in Dehradun.

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Return: On the last day the cab leaves Gangotri at 06:30 AM and reaches Dehradun Railway Station by about 07:00 PM. Book a late-night train with a few hours of margin, or travel the next day – check current timings.

BY BUS OR ROAD

Bus route: Delhi ISBT Kashmere Gate to Dehradun ISBT takes about 6–7 hrs. Uttarakhand Roadways (government) Volvo and ordinary buses run through the night; with a 10–11 hr drive to Gangotri ahead, arriving the day before is more relaxed.

Take a government bus – board from inside ISBT Kashmere Gate; avoid private buses that leave from outside the ISBT premises, as they are less reliable.

Dehradun ISBT to the pickup – take an app cab, an auto rickshaw or a shared three-wheeler to Dehradun Railway Station for the 06:30 AM pickup.

From Dehradun to Gangotri: The 241 km drive takes 10–11 hrs. Transport is not included in the trek fee: we help the group book shared cabs from Dehradun to Gangotri (about ₹8,000 one way per 5–6 seat vehicle), paid directly to the driver and split among trekkers. The pickup is at Dehradun Railway Station at 06:30 AM on Day 1.

Return: On the last day the cab leaves Gangotri at 06:30 AM and reaches Dehradun Railway Station by about 07:00 PM. For a night bus back to Delhi, allow time to reach Dehradun ISBT and for road delays, or travel the next day – check current timings.

PLANS CHANGE — WE GET IT

Cancellation and **rescheduling**

UP TO 8 DAYS BEFORE

Free reschedule

Move to another batch once, transfer the booking, or take a 100% TrekCash voucher valid for one year.

CANCELLING

70% · 50%

70% refund 30 or more days before departure; 50% refund 15–29 days before.

8 TO 14 DAYS BEFORE

TrekCash

No cash refund, but a voucher for the full amount. Within 7 days: no refund. Full policy at trekkaro.com/terms#cancellation

OMI

Still have questions? Ask OMI anything

OMI is Trekkaro's AI trek advisor — fitness, weather, what to pack, dates, how to reach — in English, Hindi or your own language, any time of day. Tap anywhere on this box, or open trekkaro.com/trek/gaumukh-tapovan-trek#omi, and the chat opens on the trek page.

BOOK OR ASK US ANYTHING

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