

HIMACHAL PRADESH · KULLU · HIMALAYA

# Beas Kund Trek

4 days · 3 nights · Moderate · summit at 3,893 m

**₹0**

per person + 5% GST · EMI available at checkout · Free Trekking Gear (refundable deposit)

DURATION

**4** days

GRADE

**Moderate**

HIGHEST POINT

**3,893 m** 12,772 ft

TREK DISTANCE

**14.5 km**

## Beas Kund **at a glance**

Trek fee per person

₹0

+ 5% GST ₹0

₹0 all-in

EMI available at checkout

Book at

[trekkaro.com/trek/beas-kund-trek](https://trekkaro.com/trek/beas-kund-trek)

### Free Trekking Gear

Decathlon trekking shoes, a -10°C jacket, trekking poles, gaiters and microspikes come with your booking (₹3,000 refundable deposit + ₹200 washing charge). Tents and -20°C sleeping bags are part of the trek.

### WHY TREK WITH TREKKARO

- ✓ World's only Free Trekking Gear company, since 2018
- ✓ Groups capped at 20 · one leader or guide for every 8
- ✓ Certified trek leaders, oximeter checks, first-aid kit
- ✓ Hot, fresh meals cooked at camp
- ✓ 4.7 on Google · 4.9 on Facebook
- ✓ Free rescheduling up to 8 days before

A glacial lake at the source of the Beas river, ringed by some of the best-known peaks of the Pir Panjal, and all of it within four days of Manali. The Beas Kund trek is the short, high trek that gives you a real taste of the big mountains: meadow camps, boulder fields, snow patches into early summer and a lake at 3,893 m (12,772 ft) with Hanuman Tibba rising straight above it.

The Beas Kund trek lies at the head of the Solang valley in Kullu district, Himachal Pradesh, in the upper basin of the Beas river. We meet at Beas Bridge in Manali at 8:30 AM and drive 14 km up the valley past Solang to the road head at Dhundi, at 2,800 m (9,190 ft). From there the trek walks up the young Beas river to Palchhani Thach at 3,100 m (10,170 ft), then to the meadow camp of Lohali at 3,400 m (11,150 ft), and on the third day climbs through moraine to...

### TEMPERATURE IN THE SEASONS THIS TREK RUNS

#### Summer (May-Jun)

Day 15°C to 20°C, Night 1°C to 5°C

#### Late Aug-Oct (Autumn)

Day 12°C to 15°C, Night -2°C to 3°C

## The itinerary

### 1 DAY 1

**Drive Manali (2,000 m / 6,560 ft) to Dhundi (2,800 m / 9,190 ft), trek to Palchhani Thach (3,100 m / 10,170 ft)**

2 km, 1-2 hrs

We meet at Beas Bridge in Manali at 8:30 AM, where your trek leader checks your documents, hands over your Free Trekking Gear and takes your first health readings.

### 2 DAY 2

**Palchhani Thach (3,100 m / 10,170 ft) to Lohali (3,400 m / 11,150 ft)**

3.5 km, 4-5 hrs

After breakfast the trail leaves the meadow and climbs gradually up the valley, staying close to the Beas.

### 3 DAY 3

**Lohali (3,400 m) via Lady Leg (3,823 m / 12,540 ft) to Beas Kund (3,893 m / 12,772 ft) and back**

5 km, 5-8 hrs

This is the big day of the trek. The group leaves Lohali early, after a hot breakfast, carrying only a day pack with water, snacks, warm layers, a rain jacket and sunglasses.

### 4 DAY 4

**Lohali (3,400 m / 11,150 ft) to Dhundi (2,800 m / 9,190 ft)**

4 km, 3-4 hrs; drive to Manali

The last day is a straightforward walk down the valley. After breakfast the camp is packed up and the group retraces the trail past Palchhani Thach to Dhundi, about 4 km with a steady loss of height.

PICK YOUR DATES

## Upcoming **departures**

New dates are being scheduled — see [trekkaro.com/trek/beas-kund-trek](https://trekkaro.com/trek/beas-kund-trek) or WhatsApp us.

## FEE COVERS

### What is included

|                                         |                                                                                                                                                                                         |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ✓ <b>Free Trekking Gear (FTG)</b>       | Decathlon trekking shoes. Decathlon jacket rated to -10°C. Trekking poles, gaiters and microspikes.<br>No rental fee: ₹3,000 refundable deposit + ₹200 washing charge.                  |
| ✓ <b>Accommodation</b>                  | Day 1: camping in 3-person tents at Palchhani Thach. Day 2 and Day 3: camping in 3-person tents at Lohali. Sleeping bags and mats provided at each camp.                                |
| ✓ <b>Meals</b>                          | All meals from Day 1 lunch to Day 4 lunch. Simple, freshly cooked vegetarian food. Tea, coffee, soup and snacks on the trail and at camp.                                               |
| ✓ <b>Permits &amp; Camping Fees</b>     | All forest permits and entry charges for the trek.                                                                                                                                      |
| ✓ <b>Camping &amp; Safety Equipment</b> | Tents, sleeping bags and mats for the nights at camp. Dining tent and toilet tent at the campsite. First-aid kit on the trek. Pulse oximeter and blood-pressure checks during the trek. |
| ✓ <b>Trek Team</b>                      | Certified trek leader and local guide throughout the 4-day trek. Cook, helpers and support staff.                                                                                       |

## OPTIONAL ADD-ONS

|                               |                                                           |
|-------------------------------|-----------------------------------------------------------|
| <b>Backpack Offloading</b>    | <b>₹1,400</b> + 5% GST for the whole trek (max 9 kg)      |
| <b>Single Tent Occupancy</b>  | <b>₹2,000</b> + 5% GST for the whole trek                 |
| <b>FTG (100% Refundable*)</b> | <b>₹3,000</b> refundable deposit, returned after the trek |

### What is not included

|                                                  |                                                                                                                                                                                                                                                                            |
|--------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ✗ <b>Transport</b>                               | Not included: Manali to Dhundi and back. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers. Your trek coordinator will confirm the cab fare. Travel to and from Manali, arranged by you. |
| ✗ <b>Food During Transit</b>                     | Meals on the drive between Manali and Dhundi.                                                                                                                                                                                                                              |
| ✗ <b>Backpack Offloading (optional)</b>          | ₹1,400 + 5% GST for the entire trek. Maximum weight: 9 kg; no suitcases, trolleys or duffel bags.                                                                                                                                                                          |
| ✗ <b>Single Tent Occupancy (optional)</b>        | ₹2,000 + 5% GST per tent for the entire trek.                                                                                                                                                                                                                              |
| ✗ <b>Personal Equipment</b>                      | Your backpack, clothing and other personal gear (trekking shoes, jacket, poles, gaiters and microspikes come with Free Trekking Gear).                                                                                                                                     |
| ✗ <b>Trek Insurance</b>                          | Travel insurance is mandatory and not included. It must cover high-altitude trekking and emergency evacuation.                                                                                                                                                             |
| ✗ <b>Anything Not Mentioned Under Inclusions</b> | Personal expenses and tips.                                                                                                                                                                                                                                                |

# Things to carry

## Basic Gears

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Beas Kund means three cold nights above 3,000 m, a long lake day over loose rock and snow patches in early summer, and strong sun at altitude, so pack for freezing camps as well as bright, exposed walking.

- **Trekking shoes** – Provided free with Trekkaro's Free Trekking Gear (one refundable deposit of ₹3,000 + ₹200 washing charge covers the whole kit); your own broken-in pair with ankle support is welcome too.
- **Trekking poles** – Provided free with Trekkaro's Free Trekking Gear; they save your knees on the descents.
- **Microspikes and gaiters** – Provided free with Trekkaro's Free Trekking Gear, for the snow sections.
- **Backpack (40–60 L)** – with a rain cover.
- **Day pack (20–30 L)** – needed if you offload your main backpack; carries water and a warm layer.
- **Two water bottles (1 L each)** – an insulated one in the cold months.
- **Headlamp** – with spare batteries, for early starts and camp evenings.
- **Lunch box** – reusable, for packed lunch on the trail.

## Clothes

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Nights on the Beas Kund trek range from 5°C to 1°C in May–June and from 3°C to –2°C between late August and October; pack three warm layers for summer and four for autumn (thermal top and bottom, one or two fleece or woollen layers and a padded jacket).

- **–10°C padded jacket** – Provided free with Trekkaro's Free Trekking Gear; your main warm layer at camp and on the high sections.
- **Thermal inners (top and bottom)** – 1 set, for camp and the night.
- **Fleece jackets or woollen sweaters** – 1 in the warmer months, 2 in the cold months.
- **Rain jacket or poncho** – for sudden showers or wet snow.
- **Trek pants x2** – quick-dry, no jeans.
- **Quick-dry collared T-shirts x2–3** – full sleeves protect from sun.
- **Socks** – 3–4 pairs: sports socks for walking and woollen socks for the night.

## Accessories

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Keep these handy for the bright open sections and the cold evenings.

- **Sun cap** – for the open ridges and meadows.
- **Woollen cap** – covering the ears.
- **Balaclava or buff** – a balaclava in winter, a buff or scarf in other months.

- **Gloves** – a woollen pair plus a waterproof pair (essential in snow).
- **UV sunglasses** – for sun and snow glare.
- **Sunscreen SPF 50+ and lip balm** – for the exposed sections.
- **Quick-dry towel and toiletries** – small and light; no wet wipes, as they are not biodegradable.
- **Plastic or ziploc bags** – for wet clothes and to carry back your waste.

## Others

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- **Snacks** – dry fruits, energy bars and chocolates for the trail.
- **Power bank** – there is no charging point on the trail.
- **Personal medicines** – and a small first-aid pouch; tell the trek leader what you carry.
- **Cash in small notes** – cards are not accepted on the trail.

## Mandatory Documents

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- **Original government photo ID** – Aadhaar, passport, driving licence or voter ID, with a photocopy.
- **Medical certificate signed by a doctor** – download the format from your booking.
- **Signed disclaimer form** – from your booking.

## How to reach

### BY AIR

Nearest airport: Bhuntar Airport (Kullu–Manali, KUU), about 52 km from Manali, with a few flights from Delhi that are expensive and cancelled in bad weather. Chandigarh Airport (IXC) is far better connected and is about 8–10 hrs from Manali by road. Fly in the day before the trek and stay in Manali.

From Bhuntar to Manali: 52 km, about 1.5–2 hrs by taxi or local bus. The meeting point is Beas Bridge in Manali at 8:30 AM on Day 1, from where the group drives to Dhundi.

Return: The trek ends at Dhundi after lunch on Day 4. Transport is not included in the trek fee: we help the group book shared cabs, paid directly to the driver and split among trekkers, from Dhundi to Manali (14 km, about 1.5 hrs); your trek coordinator will confirm the cab fare. Book your flight home for the next day.

### BY TRAIN

Nearest railway station: Chandigarh (CDG) is the most practical major station, with fast trains from Delhi; Manali is about 275 km and 8–10 hrs from Chandigarh by road. Joginder Nagar, on the narrow-gauge line from Pathankot, is closer but slow and rarely worth it.

Shatabdi and Vande Bharat trains – Delhi to Chandigarh in about 3–4 hrs.

Onward by bus – HRTC and private buses run from Chandigarh ISBT (Sector 43) to Manali in about 10 hrs; an overnight bus gets you in by early morning.

Check current timings before you book.

From Manali bus stand to Beas Bridge: a short walk. Be at the meeting point by 8:30 AM on Day 1; we recommend reaching Manali the day before.

Return: From Dhundi on Day 4, a shared cab (not included; paid directly to the driver and split among trekkers) takes about 1.5 hrs to Manali. Plan your train home from Chandigarh for the next day.

### BY BUS OR ROAD

By bus: Overnight Volvo and HRTC buses run from Delhi ISBT Kashmere Gate to Manali, about 540 km and 13–14 hrs, and from Chandigarh ISBT (Sector 43) in about 10 hrs. Prefer HRTC (government) or reputed private Volvo services, and arrive in Manali the day before, or by early morning on Day 1 at the latest.

From Manali to Dhundi: 14 km, about 1.5 hrs. The meeting point is Beas Bridge in Manali at 8:30 AM on Day 1, and the group travels together to Dhundi by shared cab.

Return: The trek ends at Dhundi after lunch on Day 4. A shared cab to Manali takes about 1.5 hrs (not included in the trek fee; your trek coordinator will confirm the cab fare), and overnight buses leave Manali for Delhi and Chandigarh in the evening. Book a departure after 6 PM, or stay the night in Manali and travel the next day.

PLANS CHANGE — WE GET IT

## Cancellation and **rescheduling**

### UP TO 8 DAYS BEFORE

#### Free reschedule

Move to another batch once, transfer the booking, or take a 100% TrekCash voucher valid for one year.

### CANCELLING

#### 70% · 50%

70% refund 30 or more days before departure; 50% refund 15–29 days before.

### 8 TO 14 DAYS BEFORE

#### TrekCash

No cash refund, but a voucher for the full amount. Within 7 days: no refund. Full policy at [trekkaro.com/terms#cancellation](https://trekkaro.com/terms#cancellation)

**OMI**

### Still have questions? Ask OMI anything

OMI is Trekkaro's AI trek advisor — fitness, weather, what to pack, dates, how to reach — in English, Hindi or your own language, any time of day. Tap anywhere on this box, or open [trekkaro.com/trek/beas-kund-trek#omi](https://trekkaro.com/trek/beas-kund-trek#omi), and the chat opens on the trek page.

BOOK OR ASK US ANYTHING

**+91 80576 54321** call

**+91 75056 26675** WhatsApp · OMI answers 24×7

WhatsApp or call · 10 AM to 7 PM, Sunday off · [info@trekkaro.com](mailto:info@trekkaro.com)

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